

**6.23.18 MINUTES- MDC Circle of Friends**  
621 Park Avenue, Wilmette, IL  
[www.mattscircle.org](http://www.mattscircle.org)      [www.yikesbev.com](http://www.yikesbev.com)

**Saturday, September 22, 2018**  
**Saturday, November 10, 2018**  
**3 - 4:30pm CST**

---

**Present: Jan, Liz, Barb, Lee, Flip, Cami and Nataiya**

Link to:

[WHO/WHAT/WHEN document](#)

Jan put on her coach cap and urged the team to continue updating this doc. It is used by Liz and Cami and Jan to create agendas and minutes and for official records of the work we do.

It's one of the jobs that we continue to do as microboard members.

Thanks, Jan

**Quality of Life/ All Things Matt (Liz and others)**

- Liz, John and Derek (Matt's AV apartment manager) spent a few hours one afternoon organizing all of Matt's DVDs. Yay!

-John commented how stable Matt is these days.

**-Fall Birthday Bowling Party Plan--Saturday, 10/13/18 @ 4pm**

Pinstripes in Northbrook: <https://pinstripes.com/northbrook-illinois> or other bowling alley options. Liz and Cami will look into this and make a reservation - reporting back at the next microboard mtg in September

**-Saturday 12/8/2018 Christmas Party Plan - 10:30-12:30.** Nataiya told us that a special guest will be at the party..a friend of Matt's who plays the piano. Colin will provide the keyboard.

There will be a 'deep clean' before the party as Dad & Gabrielle will be coming to stay at Matt's apartment.

Christmas treats and invitations need to be planned.

When's the last time you sent a selfie to Matt?--please send selfies Matt's iPod using his email address [matt116@me.com](mailto:matt116@me.com)

**-Report on Service Plan Meeting with Active Visions, Clearbrook, and Community Alternatives Unlimited**

This year the Department of Disabilities has implemented a new format for discovering desired outcomes for Matt's life and developing goals toward those outcomes. ( It's actually quite interesting reading for an overview of Matt's life - easy to read as it's done in categorized sections - not long-winded text. :-)

Attached are the links:

***Discovery document***, which lead + categorized the conversations about Matt's life at the meeting (this doc leads to development of the Outcomes document)

***Outcomes document*** - written by Jill Kelly (CAU) as summarizing what should be happening in Matt's life over the next year (this doc leads to the development of Goals by Active Visions + Clearbrook to implement)

The Goals from AV have not been received yet.

Link to Discovery Doc

[Discovery Doc](#)

Link to Outcomes (Personal Plan) Doc

[Link to Outcomes \(Personal Plan\) Doc](#)

**-Treasurer's Report (John )**

Links to to John's handouts are below

Treasurer's Report

[Treasurer's Report](#)

Expense Comparison This doc does not open well with this link. The question is how to get John's doc to copy directly to the minutes without changing the original doc in anyway. We need to figure out how to do this together.

[Expense Comparison](#)

John said that thanks to a generous donations for 2018, Matt is okay.

John said he would have a clearer idea about Matt's financial needs toward the end of 2018.

### **-Fundraising Committee (Lee/Barb/John/Flip)**

Reviewed fundraising conversations from our last meeting.

Double Letter Format:

1. Matt's Story of Hope / gratitude for all good letter to be sent before Thanksgiving

Jan: will send some written stories from Nataiya and Colin to Flip

Flip: will work on creating the first letter. Request that this first letter be created and shared with the fundraising team before the next microboard meeting on 9/15/18.

Jan has offered to send out the letter of gratitude as a MailChimp email. In early November.

2. Follow up 4-6 weeks later with a snail mail letter focusing just on Matt's needs, challenges, shortfalls & a financial request. A volunteer is needed to write the letter.

Flip: Offered to buy stamps.

3. October 1st, soft deadline for additional addresses for MDC Snail Mailing List

Link to:

[MDC Snail Mailing List](#)

In all cases, Jan will follow through with handwritten thank yous for gifts/donations for Matt

**- YIKES! Update (Nataiya/Colin)**

**-Update from Nataiya--**Nataiya had lots to share with us. She is YIKES! Assistant manager and is, of course, doing a splendid job. Thanks, Nataiya!! Three housemates (friends of Matt's) came for pizza @ Matt's apartment recently.. They will get together again soon. Matt loved it.

Liz said that she will post pics of the pizza party on Facebook.

On Tuesday nights, Matt goes to Chili's with Natyaiya, her son, and her boyfriend and his daughter. Matt talks to everyone in the restaurant. This event will be repeated often. Matt also loves to walk to the beach..he loves the water and to play frisbee. Nataiya has been instrumental in modeling what it takes to get James (Matt's Saturday aide) to take Matt out in the community. According to Nataiya, Matt doesn't need to rest on the weekends; he thrives by being out and about in the community.

Nataiya said she she knows what Matt can do and will continue to share that info with his staff.

Colin has been taking Matt fishing after their YIKES! delivery . It has been an incredible experience for both of them. Also, they grab some lunch.

**Update on Job Coach Search-** A new one stayed for two weeks and things went well, but he didn't return the following Monday, so Clearbrook is interviewing again.

**- Correspondence (Jan and others)**

## **-NEW BUSINESS**

### **Projected family visit dates during 2018**

Flip and Gabrielle spoke of coming for the Bowling Party & Christmas

Lee mentioned maybe September

### **New members for microboard by Dec 2018 - Jan**

As a coach, Jan encouraged us to think about bringing on new members to the microboard. ".It's always a great idea to bring on new members to Matt's microboard, especially a few people who are not family members. This might seem counterintuitive, but, in my experience, new members bring a fresh perspective and energy to Matt's life. I am happy to train/coach new microboard members.

The requirement would be to commit to the microboard for at least one year and to attend as many microboard meetings as possible during that time."

## **-OLD BUSINESS**

Lee to follow up on fresh paint for Matt's apartment that had been promised as re-signing of the lease last spring.

### **Matt's Circle of Friends website**

Allister will continue to update