

9.22.18 MINUTES - MDC Circle of Friends  
621 Park Avenue, Wilmette, IL  
[www.mattscircle.org](http://www.mattscircle.org) [www.yikesbev.com](http://www.yikesbev.com)

**Saturday, November 10, 2018**  
**3 - 4:30pm CST**

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Present: Jan, Cami, Liz, John, Courtney, Flip and Lee

**-General Quality of Life comments (Liz)**

Liz reported in for Nataiya, and other staff members who support Matt. He is doing well. Thanks to Nataiya, who continues to inspire Matt's other staff members. Matt is bowling and eating out @ Chili's on Tuesday nights. And had a great summer at the beach with Nataiya's family and James (Sat Staff) - he really looks forward to these excursions and asks ahead of time if he's going. Every other Friday, he has pizza/bingo parties with BK and his housemates. Nataiya is on top of all of Matt's social events and outings, and Matt is developing a loving relationship with her son, Devin.

He has a new lead staff named Vilo, he works at Matt's apartment Monday-Friday 3-11pm.

**-Fall Bowling Party-Saturday, 10/13/18 from 3-5pm**

Cami made a reservation at Pinstripes Bowling, 1150 Willow Rd. Northbrook . The total for this party is \$300 for two hours. This includes 2 lanes/6 people per lane and shoe rental. No food is included and drinks are \$2.50/person, including refills. Store-bought cupcakes or cake can be brought in.

Cami asked if someone could cover the expense, or the microboard could pay for the party. Flip offered to share the cost between himself and possibly two of Matt's cousins. Flip to follow up with the cousins. Courtney will send out an evite. Flip and Gabrielle will stay with Matt on Saturday night.

**-Christmas party open house-Saturday, 12/8/18 10:30am-12:30pm**

Flip and Gabrielle are coming and will help set up the tree. Flip thought he and Gabrielle could bring festive looking holiday baked goods for the open house. Liz will pick up the bagels + coffee from Panera. Bradley (BK), from the pizza parties, will play the piano. Matt will celebrate Christmas and open his presents from Dad and all the same weekend. Courtney will send out Facebook invites and evites for the party.

**-Treasurer's Report (John)**

John sent out two docs to the microboard before the meeting. #1) Matthew D Cochran Circle of Friends (MDCCF) Treasurer's Report September 20, 2018 and #2) Income/Expense Comparison by Category-Year To Date 1/20/2017 through 9/20/18

John shared that a church friend that is a CS nurse, is still coming on Tuesday afternoon to read with Matt when Colin is there. This service is now complimentary.

**-Fundraising Committee (Lee, Barb, John and Flip)**

**-November Gratitude MailChimp**

Flip and Cami and Jan will work on this...This will go out as a MailChimp...final review by microboard @ the **Saturday, November 10, 2018** meeting. Jan will send a preview to microboard members previous to this meeting. Then Jan will send out the MailChimp as soon as possible after the meeting, no later than 11/12 due to proximity to Thanksgiving.

This will also require that all microboard members continue to add contact info to the MDC Snail Mail List, including snail mail and email addresses.(click below, both links will take you to the list)

**[MDC Snail Mail List](#)**

**<https://docs.google.com/spreadsheets/d/186K22tA6jBdrMMazhciXRWxVmhbVOxFA3OuRTHicFV8/edit?usp=sharing>**

**-Christmas Fundraising Snail Mail Letter**

Flip and Cami worked on this. Flip will work on final letter and submit to the microboard for final approval by the **November 10th, 2018** microboard meeting, and be **sent out no later than December 8.**

Flip has offered to mail the fundraising letter. There was discussion as to using holiday colored envelopes, so as to set us apart from junk mail. Liz felt real stamps also set us apart from junk mail. Flip wants to ask Barb what color envelopes she used last year.

**-YIKES! Update (Nataiya/Colin)**

Liz gave an update. Colin is awesome, helping Matt with deliveries, twice a week. James is the new job coach for Matt/YIKES! James has worked part time for several years at the apartment. One glitch, Clearbrook is having hard time insuring James due to an old DUI. In the meantime, he daily takes Matt out into the community daily so Matt gets out & going out with him becomes a habit. YIKES! Is still making good money.

**-Correspondence (Jan and others)**

Jan will continue to send snail mail thank-you notes as needed.

She also asked that all microboard members continue to add contact info to the MDC Snail Mail List, including snail mail and email addresses.

## **NEW BUSINESS**

Jan urged microboard members to continue to think about adding additional microboard members, family members, friends.

Please reach out and talk with others about a one year commitment to the board. Cami pointed out-- to be clear-- that we are not asking folks to help in the care and supervision of Matt, just to be a part of his life thru the microboard meetings and planning. Let's keep talking about this...it won't happen without all of us working on it.

## **OLD BUSINESS**

Please keep emailing selfies to Matt...especially family members. [matt16@me.com](mailto:matt16@me.com)  
And, consider sending him a postcard or card...429 Linden, Apt 3E, Wilmette, IL 60091

Jan urged all microboard members to continue to check and update the WHO/WHAT/WHEN actions document...it's an important document for the microboard and it's up to all of you to do your part. (click below)

[WHO/WHAT/WHEN](#)