

2.12.2022 Meeting Minutes - MDC Circle of Friends

621 Park Avenue, Wilmette, IL

www.mattscircle.org

www.yikesbev.com

2022 Microboard Meeting Dates

April 23, June 18, September 17, November 12

Present via Zoom: Jan, Flip, Barb, Alyssa, Lee, Cami, Courtney, Allister + John, Elizabeth

Coach's Corner - Jan and other microboard members

Review Goals/Actions for 2022

Unlike previous years, goals for *all* of 2022 were discussed at this meeting. This allowed Board members to volunteer ahead of time to take the lead or help facilitate some of these goals. A list of goals will be emailed to all Board members so they can reply by the end of February and note any area they might want to volunteer to help.

- Finances

Action: John will continue to produce MDC Circle of Friends's Inc Income Statements for 2022.

Action: John to project Matt's financial needs, and corresponding fund-raising goal for all of 2022

Barb asked about the results of donations following the December 2021 Christmas letter. John shared that donations were received from Barb, Annabel Moore, Deborah Drake, Ardath Hamann and Flip. All donations including ongoing are listed on John's report.

- YIKES! Development of new delivery sites

Total Link2Community is donating 5 hours from a development grant for an individual to help find new places for deliveries. John will follow up with them, as Dr Scholl's Foundation gave them a \$5,000 grant.

Action: Colin to assist Liz as YIKES! Asst Manager,
Colin + Liz met 1 time with Drew of Total Link 2Community.

Colin also continues to facilitate deliveries with Matt on Tuesdays. The remaining days of the week no deliveries due to service provider (Clearbrook). AV is filling the daytime shifts for now.

- Individual Service Plan (ISP) All stakeholders meeting

Assist Liz in preparing for meeting, attend meeting, rep too

May deadline, report at June 18, 2022 meeting

Jan volunteered to assist Liz prep,

Consider contacting Calvin for his input (thru Derek)

Action: Liz will connect with Jan with next steps.

Courtney volunteered to attend the ISP meeting along with Liz / Jan

Note: It was mentioned that Calvin's successful approach to Matt might (see Quality of Life below) might be brought up at this meeting

-YIKES! New vehicle solution by May 2022

Action: John and Alister volunteered to work together on this

YIKES! Vehicle is currently eased by Clearbrook who will no longer lease for YIKES! after June 2022 Report outcome at June 18, 2022 meeting

Liz explained that the lease is a line item in Matt's overall funding. Might Active Visions might be tapped to lease/insure going forward.

- Outdoor Birthday Picnic

Action: Lee volunteered to give the picnic.

He plans to be in town early fall, September/October 2022 and offered to make this happen.

-Write Thanksgiving newsletter

Report in at September 17, 2022 meeting

-Write/Mail Christmas Letter

Report in at November 12, 2022 meeting

-Establish Sibling Visit dates

Courtney and Allister are unable to make plans to visit Matt at this time, his mother is not well. Flip volunteered to come and organize the Christmas Gift Opening Party in December at Matt's home. Mentioning that it would be nice if there were more "little" gifts for Matt to open if it's another zoom party.

- Apartment Phone and Wi-Fi Report June 2022 Meeting

Liz had a landline installed in Matt's apartment to make it easier than comcast phone to reach staff. Allister reported ATT Uverse for Matt's Internet may fit with Fed subsidized internet for those with disabilities

Action: Alister & John to confer installing federal subsidized internet for Matt by June
Liz and Cami will discuss and coordinate change of billing from comcast to at&t

-JCFS - Volunteer(s) to assist Liz in planning & communicating with JCFS for possible transition in a couple years.

Liz mentioned the idea of Matt owning his own condo in Wilmette, as part of that planning. Reports in June and Nov 2022 meetings.

-Who is Matt? Create a notebook via Google Drive

Liz and Courtney will work on organizing all the important information on Matt's life into a notebook that could be used as a reference tool for staff and future planning

-Quarterly staff appreciation Gifts

Action: Barb volunteered to be lead organizer

February (Valentines Day chocolate roses from Liz)

June (June 10thHawaiian theme suggested by Lee in honor of King Kamemeha), and

Fall tbd

John and Liz organize ash gifts for December holidays.

-Apartment repairs

Take the lead to coordinate apartment repairs with management company, done via email and phone calls.

Action: Lee offered to be the lead for this.

-Quality of life (Liz and others)

Liz mentioned that Matt is doing very well. There was a wonderful discussion that took place with Matt's staff member, Calvin. Flip and Gabrielle spent time chatting with him when they were in town over Christmas. Liz was also there recently for an appointment with AT&T about Matt's phone. They all got to know him better. He is kind and calm. He has a son with autism. Liz said that Calvin respects Matt as a person and she is so pleased. Active Visions also asked Calvin, "What are you doing that Matt isn't a problem?" He replied that he respects Matt and that Matt responds well to this.

Liz also mentioned that Matt's lead staff Derek has a good vibe when it comes to who will work best with Matt.

-Furnishings, new step stool

Courtney said that all of Matt's furniture is back in his apartment after she organized much of it being refurbished. Also, a step stool was purchased for Matt's kitchen. There is a need for a new cushion for his big chair.

-Door closers

Action: Flip offered to install a door closer on Matt's front door.

-Report from Nikki Dunn

Good morning,

I'd be happy to share his goals and progress with you.

Outcome 1. Matt will put his IPAD "to bed" every night in an agreed-upon spot every night. Staff will encourage him to choose a different activity like reading or playing a game before bed.

He's done great on this outcome and usually chooses to play basketball or will allow staff to read to him.

Outcome 2. Matt will become more comfortable with visitors stopping by, or when staff arrives and leaves. He is supposed to answer the door and say hello, and say goodbye when people leave.

He's doing pretty good, he doesn't answer the door, but he will acknowledge staff by saying hello and sometimes giving a fist bump. He needs prompting to say hello and goodbye sometimes. He's been fist bumping me every time I'm there.

Outcome 3. Matt will decrease his screen time by doing a non-screen activity.

He's doing good with this task and will usually play basketball with staff during the day.

Outcome 5 Matt will participate with community outings with planned and unplanned activities.

Staff has taken Matt for a walk down the block, when it's not too cold. Lately, it's just been too cold to do this.

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-YIKES! Report from Colin

Hey Jan,

We're pretty much in the same place with Yikes that we've been for a while now. We're maintaining three vending machines and making deliveries to Drake Interiors. We're hoping to get a second break room delivery location established in the next week or so at a dog grooming shop near Matt's. Because of staffing issues these deliveries are happening exclusively when I work with Matt on Tuesdays. Elizabeth and I met with someone from Total Link to community this week and they'll be helping us find hopefully a couple more locations for vending machines or break room deliveries. The hope at the moment is to get more break room deliveries for Matt since he can do these with any staff who might be working (as opposed to the vending machines which require specific training for staff). Other than that, Matt's quality of life is in decent shape. Matt seems pretty happy and gets along with the staff. We probably need to find a few more activities though for him to avoid the sedentary-ness that can set in with the winter.

-YIKES! Colin/Liz


-vehicle

-Total Link 2 Community

Liz, is there anything more to be added here that hasn't already been mentioned/written about in the minutes? If so, please add.

Treasurer's Report: (John)

Financial Link below

 **MDCCF November 30, 2021 Financial Statements.xlsx**

Apartment Repairs: (Courtney)

Liz, please put in John's most updated financial report.