4.23.2022 Meeting Minutes - MDC Circle of Friends

621 Park Avenue, Wilmette, IL
www.yikesbev.com

2022 Microboard Meeting Dates

June 18, September 17, November 12

Present via Zoom: Jan, Flip. Barb, Alyssa, Lee, Courtney, Allister, John, Elizabeth

Barb shared that her preferred email is <u>barbcochran53@gmail.com</u>
John's is <u>prunerjohn@gmail.com</u>
And Flip's is <u>plcjr@att.net</u>

Coach request: Please check that your current contact info is updated on the MDC Mailing List

■ MDC Mail & Email List

Action: All microboard members, please double check for yourself and others that you have listed, that your/their contact info is current.

Coach's Corner - Cami has volunteered to help Liz with (possible in the future) Matt's transition to JCFS (Jewish Child & Family Services) since Active Visions has made some movement towards not wanting to support Matt.

Action: Cami will help Liz with Matt's possible transition from Active Visions to Jewish Children and Family Services

A discussion took place about the need for any more Gratitude/Holiday letters. It was decided to not do a Holiday letter anymore (since not many donations resulted in snail mailing this letter) and (maybe) continue to do a Gratitude Letter (via MailChimp) early before Thanksgiving with a link to Matt's Venmo account. No one has stepped up to do this letter.

It will be discussed at the June 18th, 2022 microboard meeting.

Action: The Gratitude Letter and who/when will be brought up again and should be included in the June 18, 2022 agenda.

Quality of Life: Courtney/Liz

-Visitors

Liz expressed concern that Matt doesn't have enough visitors/enough mental stimulation during the day.

His daily schedule looks like this:

Monday: no activity

Tuesday: YIKES! With Colin **Wednesday**: no activity

Thursday: swimming with Nicole

Friday: walk to Elizabeth's house to check for mail containing dvd's with James

Saturday: no activity. Toyin does laundry

Sunday: Walk with James to Elizabeth's house around 3pm. Dinner with Mom and an Amazon

session.

-ISP Matt's INDIVIDUAL SERVICE PLAN

Liz will coordinate date for Matt's upcoming Individual Service Plan with CAU, Activie Visions, Clearbrook. ...Jan and Courtney are supporting this effort.

-Activity Report (Colin)

There was no activity report from Colin this month

-Annual Parties

Lee volunteered to coordinate a fall "birthday" picnic for Matthew at Gillson Park at the Lakefront.

-Update: Who is Matt?

Courtney gave an update about a digital booklet that includes video that she is creating. also to be printed and placed in a binder in Matt's apartment. A digital copy will eventually be shared with Active Visions and the Microboard. Intent of the binder is continuity of understanding both Matthew and his support needs.

ACTION: Courtney will continue to consult with Liz while creating a booklet of "Who is Matt" in the cloud and eventually a physical copy in a binder for Matt's apartment.

Staff Update

Report from Nicki Dunn, Assistant Apt Manager from Active Visions *Hello:*

Matthew is doing great. Every night Matt 'puts his IPAD to bed" in a designated spot. Daily, staff gives Matt a choice of two non-electronic activities to participate in. Matt usually choose to play basketball. Since the weather has been getting nice, Matt has been going for walks around the block with staff.

He has also been cooking with his mom.

Though Jan reached out to Colin for an update, none was sent.

YIKES!

-Vehicle (John)

John shared that Clearbrook would prefer not to provide the daily aides to support Matthew's day (YIKES!) for a multitude of reasons. Matt's car is funded by Clearbrook and the car is due back on July 24th, 2022. It is possible to purchase the current leased car via Clearbrook... John is working with someone on insurance for the car for the staff who would drive the car. Currently it's Colin and James and Nicole.

ACTION: John will update the microboard with a recommendation at the June 18th, 2022 meeting.

-YIKES! (Liz)

Flip mentioned that Matt can be register his resale # with Jewel so Matt can purchase items without sales tax as a reseller?

ACTION: Flip can you register Yikes! With Jewel?

-Treasurer's Report (John)

■ MDC Financials April 2022.xlsx

Staff Appreciation

Spring

Barb delivered staff gifts for April to Derek, who distributed to Matt's staff

Summer 2022

Action: Lee will do this staff appreciation gift

Fall

Winter

John and Liz organize staff gifts for December holidays.

Wi-Fi update

Lee to apply for affordable connectivity and coordinate installation with Llz.

Action: Lee will follow through with this.