

6.18.2022 Minutes

MDC Circle of Friends

www.mattscircle.org

www.yikesbev.com

Present at meeting: Jan, Flip, Lee, Courtney, Allister, John, Liz, Barb and Alyssa

2022 Microboard Meeting Dates

3pm CST

October 15

November 12

COACH'S CORNER: Jan

No updates from Coln or Nicky . Liz informed us that Nicky is no longer with Active Visions.

Jan reminded the microboard members to read the minutes from the previous meeting ahead of time, and, if possible, print out a copy of the agenda and John's treasurer's report so it is easier to follow along as items are being discussed. Also a reminder to place the remaining microboard meeting dates for 2022 on their calendars.

Also, a reminder to all microboard members to update the MDC snail mail list as needed.

 [MDC Mail & Email List](#)

Finally, a suggestion that microboard members who are not actively working on an action on behalf of Matt to please choose an action for the rest of 2022.. Alyssa said she would think about what she might have time to do.

As a reminder, current actions that microboard members are undertaking:

Jan-coach of microboard, takes minutes and writes them up, and will be attending Matt's ISP (Individual Service Plan) meeting via Zoom on 7/21/22.

Cami-helps to run the microboard meetings and co-writes/edits the minutes, pays some of Matt's yearly financial obligations (see John's treasurer's report)

Courtney and Allister-update Matt's Circle of Friends page (see link at the top of the minutes). Courtney also helps when she is in town with organizing Matt's apartment including recent furniture repair.

Barb-organizes staff gifts

Liz- all things Matt, including creating the agenda and editing the minutes

Flip -

Lee-contact for all of Matt's apartment repairs, and other financial support as needed.

QUALITY OF LIFE: Liz / Nataiya

Apartment Updates

-Wifi and Phone / Lee + Liz

Thanks to Lee and Liz, the Wifi and phone issue has been resolved!

Comcast had been canceled, and ATT is Matt's phone service and internet provider through a federal program. John will touch base with Cami to see if she will continue to pay for Matt's phone and internet service.

Visitors, etc.

Matt's staff- Liz has been in contact with Derek from Active Visions, and sees two possible paths for Matt so that he can remain active and not isolated:

#1 Reset expectations of daily staff interactions with Matt to include outside activity of at least 30-45 minutes each day

#2) A "skills refresher" for Matt's staff of what Matt is capable of doing. Matt will say 'no' to any change, but that doesn't mean that he won't do the activity.

Liz will 'pick up' the conversation with Derek once he is back in town at the end of June.

Action: Liz will touch base with Derek to see what steps can be taken so that Matt can have more active time outside, especially during the summer months.

Nataiya- great news...Natiya will have summer afternoons off from her day job and has been looking to pick up additional hours. Since late May, she has been visiting Matt twice a week, Tuesday and Thursdays and 3:30 on Saturdays. While his day staff is still there and she has been able to show Matt's staff what he is capable of, including cooking. Nataiya plans to be available until 8/10/22.

She often includes her two boys, Demetri and Devin, who love Matt. She has taken Matt to the beach, cooked and eaten meals with him, and the boys love to play hoops with Matt in the spare bedroom. To let Matt know she is on the way, she emails him a photo.

Funds are available from cash flow to pay Nataiya, currently \$20/hour.

Yay!

Colin- Colin continues to make intermittent deliveries on Tuesdays with Matt for YIKES! He also goes fishing with Matt. Colin will do a fishing tutorial with Nataiya & Devin, etc in preparation for their trip to Ludington, Michigan.

Action: Colin will do a fishing tutorial with Nataiya and Devin

Activity

- Birthday and Holiday Parties / Lee

Action: Lee will be in town to help celebrate Matt on Sunday, September 11, 2022

Action: Liz will reserve a space at Gillson Park ?

Flip and Gabrielle will come.

Annual Individual Service Plan Meeting (ISP)-Jan and Liz and.....

This meeting will take place on Thursday, July 21st from ?? . Jan will attend via Zoom, and maybe Courtney. Jan suggested that maybe Calvin could come since he has a good relationship with Matt. And maybe Colin?

Action: Liz will reserve the conference room at Wilmette Library for Thursday, July 21st, 2022 from 1-3PM? Jan will attend via Zoom. Liz will also create a Zoom link for those to attend remotely.

Action: Jan will look over docs from previous Individual Service Plan meetings and add the lens of what might be missing.

Action: Liz will invite Nataiya to come in person to this meeting and she will be paid for her time.

HOLIDAY LETTERS: Jan

No action was taken on this during the microboard meeting. It will be revisited at the next microboard meeting on September 18, 2022.

Perhaps a gratitude letter will be written via MailChimp and those who wish to print out and send copies to those who might donate will be discussed.

YIKES! Vehicle: John and financial update from Allister

Action: John is working out the details for this.

Alister reported on donations that have been made to Matt from the Matt's Circle of Friends website. There has been a recurring donation from Kelsey Cochran Lee. John will download from paypal

Action: Jan wrote a snail mail thank you note to Kelsey.

TREASURER'S REPORT: John

[June Financials](#)

STAFF APPRECIATION: Barb

Action: Cami will do a fall 2022 staff appreciation gift.

Action: Liz and John will organize staff gifts for the December 2022 holidays.