

11.12.2022 Minutes

MDC Circle of Friends

www.mattscircle.org

www.yikesbev.com

Present at meeting: Jan, Courtney, Allister, Liz, Barb, Cami Flip and Gabrielle

2023 Microboard Meeting Date

January 21, 3pm Central

[2023 dates to be discussed at this meeting](#)

Join Zoom Meeting

<https://us02web.zoom.us/j/83680269743?pwd=QzdaU2IKWktucTc5TXlidG9oYVp6UT09>

Meeting ID: 836 8026 9743

Passcode: 225087

COACH'S CORNER: Jan

Liz screen-shared the agenda for this meeting and it was very helpful.

a reminder to all microboard members to update the MDC snail mail list as needed.

[📧 MDC Mail & Email List](#)

Action: Microboard members and others will continue to send Matt selfies and postcards.

Matt's email: matt116@gmail.com His snail mail address is: 429 Linden Avenue Apt. 3E, Wilmette, IL 60091

QUALITY OF LIFE: Liz / Courtney

-Update: Who is Matt?

ACTION: Liz and Courtney and Cami will consult with each other and will give the microboard an update at the first meeting in 2023.

-Update: Matt's trip to Michigan in 2023

Liz has reserved the same cabin for July 25th-27th, 2023.

Courtney said she will join Matt, Nataiya + Liz talked for this July vacation. Giving Matthew a "sibling" experience and assistance during the event.

- Matt out and about

Nicole Goss is taking Matt swimming twice a week at a friend's indoor pool. There is a bathroom there so that Matt can also get support from Nicole for shaving and other hygiene. Mon + Wed 3-6PM

Gabrielle wondered if Joanell's pool were not available, we can always consider the YMCA's pool with perhaps a grant application to fund a membership at the Evanston YMCA.

Liz shared that the pandemic ended Matt's going to the YMCA and currently Matt's management/aides are more comfortable in this 'smaller bubble' than a private pool supports.

ACTION: Jan will look into writing a possible grant to help fund Matt's membership at the YMCA in the future.

Matt & Nicole briefly attended a Halloween party at Teddy's house (Joanell's son) He stayed for a while.

Nicole has suggested an option of taking Matt to do a grocery shop for a specific recipe.

ACTION: Liz will explore further with Nicole / Derek.

-Update on ISP (Matt's Individual Service Plan)

ACTION: Liz will send out copies of the ISP to the active members of the microboard by the end of 2022.

-YIKES!

Colin wasn't at the meeting, so Liz gave an update:

Colin reports that YIKES! is going well. Colin and Matt rotate deliveries between one or more of three different locations: C.A.U, a special education school, and the Clearbrook offices. Every Tuesday Inventory is purchased at the local Jewel.

ACTION: Colin will update Jan via email on YIKES! For the January 21, 2023 meeting.

Treasurer's Report: John

 **Oct312022Financials.xlsx**

Liz screen-shared John's financial update and Jan (via John) shared the following comments:

There have been no significant changes from our last report on September 30th financials.

See comments section.

Contributions are higher due to increases by some of our funders and the addition of Kelsey Cochran Lee.

The overall increase is due to a 1x expense of purchasing the car for \$4,750. But lowers monthly auto expenses by \$380.*

Note that like everyone else, Matt's tastes change and eating lunch twice a week at Pita Inn has lost it's appeal to him. Also, the scheduling has changed - it was originally conceived to prompt getting Matt out and about during lock-down. This accounts for the decline in food and groceries expenses at the moment.

A new expense that will show up in November is Nicole Goss taking Matt swimming up to 2 afternoons a week. This is a great activity for Matt, but will cost an additional \$480 per month - which needs to be funded.

*Cami asked for further clarification about the monthly savings of \$380 for car expenses. Here is John's response:

The future monthly savings on the car is the difference between what was our monthly lease payment to Clearbrook, \$618, and our monthly car insurance payment, is \$238.

ACTION: After the microboard meeting, Jan emailed John and told him that Nicole would be taking Matt swimming only twice a week (he had calculated for 3 times). John will adjust his next financial report to reflect this.

Staff Appreciation-Barb

Cami provided staff gifts for Halloween. Thanks, Cami.

ACTION: Barb offered to provide gift cards for Christmas for Colin, James and Nataiya.

ACTION: John and Liz will continue to provide staff gifts of \$\$ for Christmas.

Gratitude Newsletter: those present at the microboard meeting

Liz screen-shared a working copy of a MailChimp Gratitude 2022 letter. Those present at the microboard meeting helped her edit it in real time. It is beautiful.

Action: Liz will create and send out a digital Gratitude 2022 Newsletter before Thanksgiving.

It was suggested that a MailChimp Valentines' Day 2023 be created. Stay tuned for discussion of this at our January 21, 2023 microboard meeting.