

4.1.2023 Minutes

MDC Circle of Friends

www.mattscircle.org

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2023 Microboard Meeting Dates

Saturday, June 10, 2023
Saturday, September 9, 2023
Saturday, November 4, 2023

COACH'S CORNER - Jan

Jan asked for a couple of microboard members to volunteer to take notes during the meeting and to transcribe them afterwards for the official microboard minutes.

ACTIONS: Lee will take notes, etc. for the June 10th meeting and Alyssa has volunteered to do the same for one of the remaining 2023 meetings. THANK YOU!

A reminder to all microboard members to update the MDC snail mail list as needed.

 **MDC Mail & Email List**

Matt's email: matt116@me.com Keep sending Matt selfies

Consider calling his House Phone (847) 251-0350 to say hello.

His snail mail address is: 429 Linden Avenue Apt. 3E, Wilmette, IL 60091

QUALITY OF LIFE - Liz / Courtney

Vaca

Courtney is going to Michigan with Matt in July, 2023.

Dental Cleaning Tuesday May 9th, 2023.

ACTION: Colin will accompany Liz and Matt to his dental cleaning.

-Update - Who is Matt?

ACTION: Liz and Courtney and Cami will consult with each other and will give the microboard an update at the April 1, 2023 microboard meeting.

Liz and Cami and Courtney have not had time to work together on "Who is Matt?" However, Liz talked about a recent conversation she had with Jeremy, her tech guy from RealNets, who suggested that a possible YouTube channel could be made that Derek could use to train staff.

ACTION: Liz will give some thought as to the possible role that the microboard and Matt's current Individual Service Plan in June might be able to support each other.

During this June 2023 meeting, Liz wants to bring up the point that Active Visions could be doing more on behalf of Matt for socialization and interaction.

Also, the continued cleaning of Matt's apartment and working specifically on hand washing...to this end, Nataiya installed an automatic foaming soap dispenser.

ACTION: Liz asked members of the microboard to bring ideas to the next meeting on June 10th, 2023 that would support more socialization opportunities for Matt.

Liz recently met with Derek to talk about how to 'normalize more people visiting Matt.' James continues to be a good support for Matt, as he takes him to the barber for a cut and a shave and to the Jewel on Sundays for a mermaid balloon.

James continues to do well with Matt. He is with him five days/week.

Nicole, who takes Matt swimming twice a week, which he really enjoys.

-Matt at his apartment

This is the beginning of YEAR 12 for Matt at his apartment. Woo, hoo!

Matt received a snail mail card from George. In Matt's apartment is a pinboard where Matt can see all his snail mails.

Alyssa has tried calling Matt a few times. He does like to talk on the phone. Liz suggested using FaceTime with Matt which works on his iPad via his email matt116@me.com

Courtney was visiting recently and she spent a lot of time at Matt's apartment...organizing, of course! She bought him some new cool spatulas and cutting boards and cookie sheets. She did some reorganization in the bathroom and a 'sweep' in his bedroom. She put in a new air filter and ordered one for September? The filter is making a difference.

Courtney also shared that Matt's apartment furniture has held up beautifully. Matt needs a new mattress soon.

Some of the knobs on Matt's stove are broken/missing. The broken blinds have been taken down.

ACTION: Lee will continue to work with the apartment management company about repairs/replacements needed in Matt's apartment.

Pending is the re-upholstery of Matt's living room chair where he sits all the time.

Barb suggested that Courtney and Allister keep updating Matt's list of needs for his apartment, etc. on his website so that those who want can gift Matt with these items.

Liz also shared that the area rugs need to be purchased to protect the finish of the wood floors.. one for the living room 12x15 inches and one for the dining room, either 8x10 inches or 9x12. Barb requested Liz call her with the options

Lee bought Matt a vacuum cleaner.

Thanks to all who have helped keep Matt's apartment cleaned and organized.

-YIKES! Report (Colin)

From an email sent by Colin to Jan on Wednesday, March 29th, 2023:

Hey Jan,

There isn't much new to report. Matt and I are still making our deliveries on Tuesdays and we've begun the process of having Matt and James make weekly deliveries to Drake Interiors on Thursdays. We're still working out the kinks with the Thursday deliveries but when we get them streamlined, I'd say YIKES! is in a pretty healthy place :)

All the best.

Treasurer's Report - John

John was not at the meeting, and did not submit a report.

Staff Appreciation - Barb

Alyssa shared that she was able to drop off Valentine's gifts for Matt's staff directly at the Active Visions! Office on northside of Chicago. She also suggested that those who are providing staff gifts for the rest of 2023 can send the gifts directly to her and she will drop them off at the Active Visions! Office.

Thanks, Alyssa!

ACTION:

Lee for the Summer (around 4th of July)

Cami in the Fall

Barb - same as before for Christmas 2023

John - Christmas card + cash for the Calvin/Overnight staff