

6.10.2023 MINUTES
MDC Circle of Friends
www.mattscircle.org www.yikesbev.com

Present: Lee, Shea, Jan, Courtney, Allister, Flip, John and Barb

2023 Microboard Meeting Dates

Saturday, September 9, 2023 at 1 pm, CST - Minutes: Alyssa

Saturday, November 4, at 1 pm , CST, 2023 - Minutes: Alyssa

Individual Service Plan (ISP) Report -Courtney and Jan and Liz

- [HERE](#) are my prep notes for the *Individual Service Plan* meeting held on 5/15/2023.
(The Revised Plan available later this summer) from Liz
- Microboard Role - Presence of microboard members at the meeting was beneficial.
 - Nataiya was an asset during the meeting, and agencies were receptive to comments and answered questions.
 - Courtney – Nataiya was great at getting to the details of what changes would look like.

ACTION: Liz will keep notes throughout the year and share any ideas and suggestions for our upcoming meetings. Liz will also write a thank you note to Colin for attending the ISP meeting.

Treasurer's Report – John

Contributions are down. One family member gave 5k last year but not this year.

ACTION: Flip to make an ask

Recreation expense has increased – Swimming, reading with Nicole

Taxes – Paid taxes last year, this year a loss is expected.

Quality of Life - Liz

Nataiya

Nataiya is taking Matt to the pool and beach this summer and is hosting pizza parties every other Friday at Matt's apartment. In July, Matt's friends are hosting a BBQ at their group home.

Efforts are being made to encourage Matt to take a break from the iPad and play games with the goal that by the end of the year he is taking three breaks daily for 15 minutes each.

Liz shared photos of pizza night.

ACTION: Courtney to find new games that Matt would like.

Needs list on Website, etc.

Items have been given to Courtney and Allister of needs and should be up on the website this week.

Clothing - Liz and Courtney shared that Matt's main need is for clothing.

ACTION: Courtney and Allister will update Matt's Circle of Friends website this week.

Rugs have been identified and Liz to place the orders. Flip offered to donate \$500. toward the rugs.

Reupholstery of Matt's main chair is needed.

The act of frying food in the kitchen is leading to a grease smell in the apartment. A new air fryer was purchased and it appears it's being used now instead of pan frying.

YIKES!

Colin – shared via email that he continues Tuesday deliveries with Matt. . Thursday deliveries are with James. Liz expressed interest in adding a new vending machine. Nicole may have a friend who is interested in having a vending machine at her business.

Who is Matt? - Cami, Liz, Courtney, Nataiya

Liz and Nataiya have begun discussing plans for videos that can be used by staff so that they know how to accomplish various tasks i.e. showering, greeting visitors, breaks from ipad, and shaving.

Apartment repair/needs report – Lee

Liz asked the building owner about the stove being below the electrical panel; he was receptive to replacing it with an apartment sized stove.

ACTION: Liz to take photos and send email to landlord and CC Lee and Shea.

Bathroom Sink warm water only drips out of the faucet. Tub spout is leaky.

ACTION: Lee to address these issues on the portal as “Health and Safety”issues.

Staff Appreciation Report - Alyssa

For the rest of the 2023 staff appreciation gifts, Alyssa has suggested that those who are providing gifts can send the gifts directly to her and she will drop them off at the Active Visions office.

ACTION (s) Lee in the summer (around 4th of July) and Cami in the fall, and Barb (same as before for Christmas 2023 and John, Christmas cards +cash for the overnight staff.